



# 2023 U16 GIRLS FLAG FOOTBALL NATIONAL CHAMPIONSHIP ROSTERS

## GIRL'S POOL A

- MANITOBA WEST
- NOVA SCOTIA
- ONTARIO WEST
- QUEBEC BLANC (WHITE)
- SASKATCHEWAN GREEN

## NOVA SCOTIA

| #  | NAME                | HIGH SCHOOL                  | CITY/TOWN |
|----|---------------------|------------------------------|-----------|
| 1  | Nyla GUNBY          |                              | Sackville |
| 2  | Natalie MARTIN      | Astral Drive junior high     | Dartmouth |
| 3  | Rachel LATREMOUILLE | Ellenvale                    | Dartmouth |
| 4  | Sarah SHEPPARD      | Astral Drive junior high     | Dartmouth |
| 5  | Leah BERRIE         | Astral Drive junior high     | Dartmouth |
| 6  | Alessa GIUDICI      | Rocky Lake junior high       | Bedford   |
| 7  | Addy WATT           | Astral Drive junior high     | Dartmouth |
| 8  | Brooklyn VEINOT     | JL Isley                     | Spryfield |
| 9  | Josie LAWRENCE      | Graham Creighton Junior High | Dartmouth |
| 10 | Sophia VILARDI      | Rocky Lake junior high       | Bedford   |

**Coaches:** Olivia Thurier  
Emma Garagan



## MANITOBA WEST

| #  | NAME               | POSITION    | CITY/TOWN     |
|----|--------------------|-------------|---------------|
| 1  | Elayna BLAHEY      | Def Back    | East St. Paul |
| 4  | Amy SMITH          | Quarterback | Winnipeg      |
| 5  | Cassidy MACPHERSON | Def Back    | Winnipeg      |
| 6  | Aubrey SMITH       | Rusher      | Winnipeg      |
| 7  | Rebecca COATES     | Receiver    | Howden        |
| 8  | Leah ROBINSON      | Def Back    | Winnipeg      |
| 9  | Miya HANSSEN       | Receiver    | Winnipeg      |
| 10 | Amelia DOERKSEN    | Def Back    | Selkirk       |
| 11 | Azra OMAR          | Receiver    | Winnipeg      |
| 12 | Callie PINKERTON   | Receiver    | Winnipeg      |

## ONTARIO WEST

| #  | NAME                   | HIGH SCHOOL                     | CITY/TOWN            |
|----|------------------------|---------------------------------|----------------------|
| 1  | Hannah BOREAN (C)      | St. Aloysius Gonzaga Secondary  | Mississauga, Ontario |
| 2  | Naya MARIANO-JOHNSON   | St. Mary Catholic Secondary     | Pickering, Ontario   |
| 3  | Ava THORSELL           | South Carleton High School      | Sittsville, Ontario  |
| 4  | Andrea DANCHUCK        | Erin District High School       | Erin, Ontario        |
| 5  | Marisa JOHNSON         | Agincourt Collegiate Institute  | Toronto, Ontario     |
| 6  | Ciara WILLIAMS         | Brooklin High School            | Brooklin, Ontario    |
| 7  | Natalie COOMBS         | David Suzuki Secondary          | Brampton, Ontario    |
| 8  | Audrey CARTWRIGHT (C)  | Holy Trinity Catholic Secondary | Oakville, Ontario    |
| 9  | Georgia DONATO         | St. Mary Catholic Secondary     | Hamilton, Ontario    |
| 10 | Olivia BOZDAROV-HOLDER | Pine Ridge Secondary            | Pickering, Ontario   |

**Coaches:** Jessica Smilar  
Jordan Demerchant



**FOOTBALL  
MANITOBA**

**Coaches:** Lu Cruz  
Brittany-Paige Skinner





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### QUEBEC BLANC (WHITE)

| #  | NAME                | HIGH SCHOOL                            | CITY/TOWN                     |
|----|---------------------|----------------------------------------|-------------------------------|
| 2  | Léa POIRIER         | Collège Bourget                        | Saint-Lazare                  |
| 3  | Alicia BOUILLON     | Collège Jean-Eudes                     | Montréal                      |
| 4  | Mya MARCOTTE        | Collège Clarétain                      | Saint-Christophe-d'Arthabaska |
| 5  | Philomène RICHARD   | École Secondaire De La Cité-Des-Jeunes | Vaudreuil-Dorion              |
| 8  | Erika GAGNON        | Collège Nouvelles-Frontières           | Gatineau                      |
| 11 | Chloé BÉTOURNÉ      | Collège Bourget                        | Montréal                      |
| 12 | Corinne ROY         | Collège Durocher                       | Candiac                       |
| 17 | Marie-Laurence CÔTÉ | Collège Bourget                        | Les Cèdres                    |
| 19 | Isabelle BERTRAND   | Collège Bourget                        | Saint-Lazare                  |
| 33 | Halle BRUNO         | École Secondaire De La Cité-Des-Jeunes | Les Cèdres                    |

### SASKATCHEWAN GREEN

| # | NAME             | HIGH SCHOOL                 | CITY/TOWN |
|---|------------------|-----------------------------|-----------|
|   | Avery BARRY      | St. Joseph High School      | Saskatoon |
|   | Victoria BATEMAN | Sheldon Williams Collegiate | Regina    |
|   | Makayla DRABYK   | Holy Cross High School      | Saskatoon |
|   | Halle DUCHENE    | Holy Cross High School      | Saskatoon |
|   | Addison FREY     | Holy Cross High School      | Saskatoon |
|   | Hannah GATES     | Sheldon Williams Collegiate | Regina    |
|   | Viviana LABELLE  | St. Joseph High School      | Saskatoon |
|   | Tien WOO         | St. Joseph High School      | Saskatoon |

**Coaches:** Emmanuelle Bronsard  
Michelle Chrétien



**Coaches:** Michelle Duchene  
Eric Duchene





# 2023 U16 GIRLS FLAG FOOTBALL NATIONAL CHAMPIONSHIP ROSTERS

## GIRL'S POOL B

- ALBERTA
- MANITOBA EAST
- ONTARIO EAST
- QUEBEC BLEU (BLUE)
- PRINCE EDWARD ISLAND
- SASKATCHEWAN WHITE

## MANITOBA EAST

| # | NAME            | HIGH SCHOOL | CITY/TOWN   |
|---|-----------------|-------------|-------------|
| 1 | Grace BURTON    |             | Thunder Bay |
| 2 | Olivia KONTZIE  |             | Thunder Bay |
| 3 | Paige TOWSLEY   |             | Thunder Bay |
| 4 | Maddy ARTHUR    |             | Thunder Bay |
| 5 | Samantha GREEN  |             | Thunder Bay |
| 6 | Grace MORO      |             | Thunder Bay |
| 7 | Zoe TURNER      |             | Thunder Bay |
| 8 | LailaPOPOWICH   |             | Thunder Bay |
| 9 | Shayla STOKALUK |             | Thunder Bay |

Coaches: Ryan Bliznikas  
Dillan Tataryn



## ALBERTA

| # | NAME                  | HIGH SCHOOL                        | CITY/TOWN         |
|---|-----------------------|------------------------------------|-------------------|
|   | Jocelyn ARDIEL        | Bessie Nichols Jr. High School     | Edmonton          |
|   | Brooklynn BILLIALD    | Fort Saskatchewan Christian School | Fort Saskatchewan |
|   | Jamie DAVIS-LUDKOVSKY | Kenilworth Jr. High School         | Edmonton          |
|   | Shayne HODGSON        | Ecole Kenilworth Jr. high School   | Edmonton          |
|   | Addison HORE          | Bessie Nichols Jr. High School     | Edmonton          |
|   | Samantha LEE          | Alex Janvier Jr. High School       | Edmonton          |
|   | Kirra MEETOOS         | Thelma Chalifoux Jr. High School   | Edmonton          |
|   | Emma MICKAILYK        | Sherwood Heights Jr. High School   | Fort Saskatchewan |
|   | Tessa MUDDLE          | Vimmy Ridge Academy                | Edmonton          |
|   | Kieran SKOV-RACKETTE  | Bessie Nichols Jr. High School     | Edmonton          |

Coaches: Jason Kurzitza  
Tara Rytton



## ONTARIO EAST

| # | NAME                 | POSITION | CITY/TOWN |
|---|----------------------|----------|-----------|
|   | Sage ROYCE           | Receiver | Ottawa    |
|   | Makenzie MACDONALD   | Offence  | Ottawa    |
|   | Liv LAVOIE           | QB       | Ottawa    |
|   | Cameron GRANT        | Defense  | Ottawa    |
|   | Eleonore BRUNELLE    | Defense  | Ottawa    |
|   | Avery ADAMS          | Defense  | Ottawa    |
|   | Charley TOIVONEN     | Defense  | Ottawa    |
|   | Maya LEVY            | Offence  | Ottawa    |
|   | Soraya BARD          | Offence  | Ottawa    |
|   | Sienna DUMEL WIGGINS | Defense  | Ottawa    |

Coaches: Stephanie Thinn  
Taylor Casey





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## PRINCE EDWARD ISLAND

| #  | NAME             | HIGH SCHOOL | CITY/TOWN     |
|----|------------------|-------------|---------------|
| 2  | Ashleigh DUNN    |             | Charlottetown |
| 4  | Janie REARDON    |             | Rice Point    |
| 6  | Maeve DICKIE     |             | Charlottetown |
| 10 | Hallie SHAFFNER  |             | Brighton      |
| 16 | Mela RICHARD     |             | Tignish       |
| 18 | Adalyn CORRIVEAU |             | Fairview      |
| 21 | Kenley NOYE      |             | Tyne Valley   |
| 27 | Gaby NOYE        |             | Tyne Valley   |
| 35 | Maddie RICHARDS  |             | Richmond      |
| 39 | Jaymie RICHARD   |             | Richmond      |

**Coaches:** Justin Dunn  
Riley McKenzie  
Carol Dunn



## QUEBEC BLEU (BLUE)

| #  | NAME                 | HIGH SCHOOL                    | CITY/TOWN        |
|----|----------------------|--------------------------------|------------------|
| 1  | Brianna POTVIN       | Collège Saint-Jean-Vianney     | Terrebonne       |
| 2  | Victoria ZARLENGA    | Collège Bourget                | Ile Bizard       |
| 6  | Mischa PARISIEN      | Collège Bourget                | St-Zotique       |
| 7  | Emma FORTIN          | Collège Bourget                | Les Cèdres       |
| 9  | Effée PETRONE        | Collège Saint-Paul             | Longueuil        |
| 10 | Stella-Rose LECOMPTE | École Secondaire du Chêne-Bleu | Coteau-du-Lac    |
| 12 | Tanya TAMBO          | École Secondaire Dalbé-Viau    | Lachine          |
| 13 | Annie LACHANCE       | Collège Bourget                | Vaudreuil-Dorion |
| 18 | Éloïse VIAU          | Collège Durocher               | Varennes         |
| 24 | Noémie TOUPIN        | Collège Nouvelles-Frontières   | Gatineau         |

**Coaches:** Abigaëlle Perreault  
Julien Proulx



## SASKATCHEWAN WHITE

| # | NAME             | HIGH SCHOOL                      | CITY/TOWN |
|---|------------------|----------------------------------|-----------|
| 1 | Lily DUFFIELD    | Winston Knoll Collegiate         | Regina    |
| 2 | Grayce POKOYOWAY | Miller Comprehensive High School | Regina    |
| 3 | Nola EXNER       | Campbell Collegiate              | Regina    |
| 4 | Jade ZIMMER      | Winston Knoll Collegiate         | Regina    |
| 6 | Olivia ADAM      | Miller Comprehensive High School | Regina    |
| 7 | Neko MICHELL     | Sheldon Williams Collegiate      | Regina    |
| 8 | Emma SKOLNEY     | Miller Comprehensive High School | Regina    |
| 9 | Tyia THOMAS      | Michael A. Riffel High School    | Regina    |

**Coaches:** Mike Thomas  
Blaine Duffield

